



Molecular Diagnosis of Medullary Thyroid Carcinoma

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BACKGROUND

- Medullary thyroid carcinoma (MTC) is a rare neuroendocrine cancer originating from parafollicular C-cells that produce calcitonin
- MTC accounts for 5-10% of all thyroid carcinomas
- Age and Stage of disease at the time of diagnosis are the main prognostic indicators
- Diagnosis of MTC can be challenging in thyroid fine needle aspiration (FNA) cytology specimens
- Cytologic appearance of MTC can overlap with other thyroid neoplasms, thereby preventing a definitive diagnosis
- This study was designed to identify distinguishing molecular characteristics of MTC versus other thyroid neoplasms, for use in limited specimens such as FNA biopsies

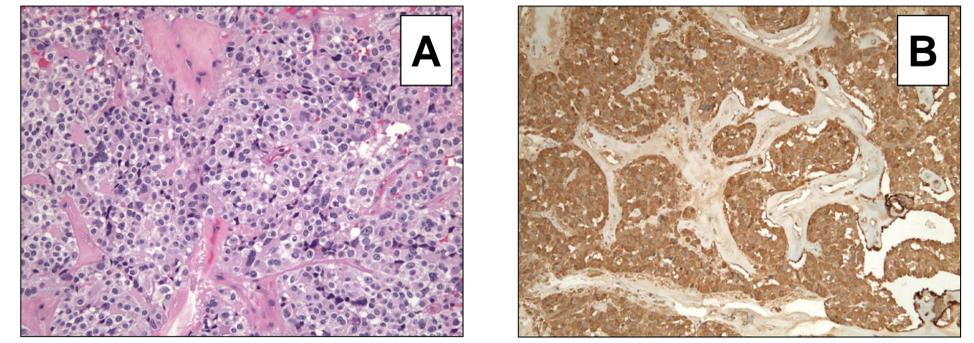
DESIGN

- Twelve specimens from eleven previously diagnosed (primary and metastatic) cases of MTC were identified
- Unstained FFPE slides were micro-dissected and analyzed retrospectively using:
 - Next generation sequencing to identify oncogene point mutations (including *BRAF*, *KRAS*, *HRAS*, *NRAS*, *PIK3CA*) and gene rearrangements / translocations (including *PAX8/PPARγ*, *RET/PTC1* and *RET/PTC3*)
 - MicroRNA (miR) classifier analysis utilizing a 10 miR panel trained on 257 reactive, benign, malignant specimens
 - Quantitative evaluation of *PAX8* and *NKX2.1* messenger RNA (mRNA) levels; results were compared to papillary thyroid carcinomas (PTC)

RESULTS

- HRAS* mutation was the only oncogene point mutation detected in 3 of the 11 MTC cases (27.3%)
- While the mRNA level of *PAX8* was consistently greater relative to *NKX2.1* in PTC, the relationship was reversed in all MTCs
- Compared to PTC, the MTCs showed a strikingly differential expression of four out of the ten miR markers (miRs 375, 551, 146 and 31) tested
- All MTCs could be distinguished from PTCs using this combination molecular approach

Case	miRNA 375 as most abundant marker	NKX2.1 mRNA level	PAX8 mRNA level	Oncogene mutation
1	Yes	15145	8397	<i>HRAS Q61R</i>
2	Yes	21531	10368	-
3	Yes	14149	12663	-
4	Yes	17850	61	<i>HRAS Q61R</i>
5	Yes	13495	3293	-
6	Yes	19231	8224	-
7	Yes	18395	16247	-
8	Yes	22398	17925	<i>HRAS Q61R</i>
9	Yes	8923	5692	-
10	Yes	16401	5609	-
11	Yes	29206	10016	-



Histological sections of MTC (A) are characterized by round, polygonal or spindle cells in nests, cords or follicles, defined by sharply outlined fibrous bands. Tumor cells have granular cytoplasm and uniform round / oval nuclei with punctate chromatin; (B) Tumor cells show positive immunohistochemical staining with calcitonin

CONCLUSIONS

- MTC can be differentiated from PTC based on mutational genotype, relative mRNA expression levels of *NKX2.1* versus *PAX8* and differential miR expression profile
- Molecular tests based on these findings can be applied to FNA of thyroid nodules when cytology evaluation is indeterminate or when a MTC is considered in the differential diagnosis
- Molecular abnormalities could also provide potential therapeutic guidance in the current era of targeted therapy

REFERENCES

- Mian C, et al. MicroRNA Profiles in Familial and Sporadic Medullary Thyroid Carcinoma: Preliminary Relationships with RET Status and Outcome. *Thyroid*. 2012 Sep; 22(9): 890–896.
- Labourier E. Molecular Testing for miRNA, mRNA, and DNA on Fine-Needle Aspiration Improves the Preoperative Diagnosis of Thyroid Nodules With Indeterminate Cytology. *J Clin Endocrinol Metab*, July 2015, 100(7):2743–2750.

ThyraMIR Idcs

Include On Report
 Diagnosis: Positive
 P5 Score: 0.99779
 P5 Diagnosis: Positive
 P10 Score: 0.82715
 P10 Diagnosis: Positive
 L5 Score: 6.11217
 L10 Score: 1.56553

Medullary Thyroid Carcinoma

Marker	CT1	CT2	Avg CT
miR-204-5p	29.602	29.834	29.718
miR-139-5p	29.89	29.976	29.933
miR-375	18.028	18.191	18.1095
miR-29b-1-5p	27.919	28.073	27.996
miR-155-5p	28.486	28.592	28.539
miR-551b-3p	32.188	34.56	33.374
miR-146b-5p	29.023	29.166	29.0945
miR-31-5p	32.416	33.002	32.709
miR-222-3p	21.224	21.4	21.312
miR-138-1-3p	30.161	30.055	30.108

ThyraMIR Idcs

Include On Report
 Diagnosis: Not Required
 P5 Score: 0.97565
 P5 Diagnosis: Positive
 P10 Score: 0.96376
 P10 Diagnosis: Positive
 L5 Score: 3.6904
 L10 Score: 3.28074

Papillary Thyroid Carcinoma

Marker	CT1	CT2	Avg CT
miR-204-5p	30.512	30.924	30.718
miR-139-5p	28.424	28.495	28.4595
miR-375	25.175	25.219	25.197
miR-29b-1-5p	28.567	28.495	28.531
miR-155-5p	24.078	24.024	24.051
miR-551b-3p	26.843	27.015	26.929
miR-146b-5p	21.269	21.203	21.236
miR-31-5p	23.551	23.456	23.5035
miR-222-3p	21.232	21.101	21.1665
miR-138-1-3p	30.608	30.214	30.411

- miR classifier testing is recommended for nodules that are mutation negative and nodules that show weak driver mutations
- Down-regulation of miRs- 204, 139, 29b, 155, 138 and up-regulation of miRs- 375, 551, 146b, 31, 222 acts as a predictor of malignant risk. A relatively differential miR expression is seen in MTC as compared to PTC